

School counseling programs are collaborative efforts benefiting students, parents, teachers, administrators and the overall community. School counseling programs should be an integral part of students' daily educational environment, and school counselors should be partners in student achievement. ASCA



Your School Counseling Services Staff:

Rene' Yoesel - 573-751-0857

Rene.Yoesel@dese.mo.gov

Chrissy Bashore - 573-751-6875

Chrissy.Bashore@dese.mo.gov

Amber Ernst - 573-751-3368

Amber.Ernst@dese.mo.gov

Beverly Ponder – 573-751-4383

Beverly.Ponder@dese.mo.gov

Resources and information provided in the Counselors Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the School Counseling Services Section or the Department of Elementary and Secondary Education.

DESE Update



Festus High School was announced as the first 1606 Gysbers Award Winning School. This five year designation shows dedication to a fully implemented comprehensive school counseling program.

Pictured: Festus High School Counseling Staff (Jennifer Kline, Amanda Esparza, Steve Shemwell, Melanie Raebel) with Asst. Supt Nicki Reuss and Supt. Dr. Luttrell

CTE Certificate Clarification:

Item 8 states: Achieve a score at or above the state standard on any department-approved measure(s) of college and career readiness, for example, the ACT®, SAT®, ACT-WorkKeys®, or the Armed Services Vocational Aptitude Battery as determined in the most current MSIP performance standards. Schools are to use the .75 weighted measures described in the Assessment Scores Matrix as the standard. This matrix is found in Appendix C of the MSIP 5 Comprehensive Guide to the Missouri School Improvement Program, 2016.

The 2018 MSIP 5 Guide, page 10 Performance Standards for K-12 Districts, item 3a, 3b, and 3c states:

“...any department-approved measure(s) of college and career readiness, for example, the ACT, SAT, COMPASS or Armed Services vocational Aptitude Battery (ASVAB), ...”

Since the COMPASS test is no longer applicable, Accuplacer now takes the place of the COMPASS when considering achievement at or above the state standard on any department-approved measure(s) of college and career readiness.

Legislation you NEED to know!	
638 - Trauma Informed	Must be shared by October 1 ST each year
1606 (167.902) - Critical Need/Shortage Occupations	Must be shared by November 1st each year
3 - Computer Science	Substitution for an academic credit – not accepted at all higher education institutions. School has specific role of informing parents

Announcements

Suicide Assessment Survey – School Counselor Experience

A research team seeking participants for a research study exploring school counselors’ experiences with suicide assessments, intervention, and death of a student by suicide. We are asking any school counselor who is currently employed in a school if they would be willing to participate. If you are interested in participating, please use this URL (Click on or copy/paste into browser) to access a more detailed explanation of research and the survey itself: http://ucf.qualtrics.com/jfe/form/SV_d5bGhblxidNwLQh. Contact Jaimie.sticklhaugen@ucf.edu for more information.

Opioid and Prescription Drug Prevention Education

The Missouri Department of Elementary and Secondary Education (DESE) partnered with local experts to develop a comprehensive resource for schools on opioid and prescription drug misuse. The site includes a dedicated page for vetted resources on explaining opioids and the opioid

crisis, data and statistics, and additional tools. The site also includes lessons teachers can use in K-12 classrooms. The shortened URL for this resource site is <http://tiny.cc/MO-OpioidEd>

Registration with Selective Service

Please inform your students that all male U.S. citizens are required to register with the Selective Service within 30 days of their 18th birthday. In addition, non-US citizen men between the ages of 18 and 25 (inclusive) living in the United States must register.

In addition, please designate a staff member as your school's Selective Service System "Registrar." The Registrar is a point of contact that your students can go to if they need assistance registration.

[Register with Selective Service Registrar Program](#)

Youth Mental Health First Aid

Mental Health First Aid is an 8-hour course that teaches you how to help someone who may be experiencing a mental health or substance use challenge. The training helps you identify, understand and respond to signs of addictions and mental illnesses. **Find a Mental Health First Aid course near you using the search tool:** <https://www.mentalhealthfirstaid.org/take-a-course/find-a-course/>

Professional Development and Upcoming Conferences

21st Annual Community Services Summit

SAVE THE DATE: October 29, 2019

Plan to attend the Community Services Summit in St. Peters, Missouri! Skill building workshops on trauma, assessing suicide, personal safety, and expressive arts therapy will be offered which would be beneficial for anyone working with youth and families. A special midday theme will focus on: Taking Care of You is the Best Way to Help Others. Register and find more information at: <http://www.communitycouncilstc.org/community-services-summit>

10th Annual Substance Use Prevention Conference

SAVE THE DATE: November 18-20, 2019

ACT Missouri invites preventionists, community coalition members, counselors, law enforcement officers, educators, school nurses, and anyone that works with or cares for youth to attend. It will be an information-packed opportunity to enhance prevention efforts, motivate volunteers, share ideas, network with others in the field, and get the latest updates and resources to keep Missouri's kids safe and substance free! For more information visit:

<https://actmissouri.org/events/annual-events/prevention-conference/>

Missouri Coordinated School Health Conference

SAVE THE DATE: December 5-7, 2019

The goal of the conference is to present the most up-to-date information about effective Whole School, Whole Community, Whole Child (WSCC) programs. The purpose of the presentations is to foster and support learning, dialog and collaboration that will improve the performance of practicing professionals working to impact the health, safety and well-being of children. (<https://healthykidsmo.org/conferences/index.php>)

MGA 2020 Project 21 Scholarship

SAVE THE DATE: March 1, 2020

The Missouri Gaming Association is pleased to announce the 2020 Project 21 Scholarship Program. The Project 21 Scholarship Program provides Missouri students an opportunity to disseminate their message by writing an article or creating a poster or video addressing the issue of underage gambling. One (1) \$2,500.00 first prize scholarship and Three (3) \$1,500.00 second prize scholarships will be awarded.

<https://missouricasinos.org/wp-content/uploads/2019/10/2020-Project-21-Application.pdf>

ASCA U Specialist Trainings

SAVE THE DATE: Anytime!

Whether you are new to the field or have years of experience, an ASCA Specialist designation from ASCA U can help you further master important school counseling-related subject areas. Go back to school with ASCA U. There are a wide variety of courses offered. You can find more information and registration at <https://www.schoolcounselor.org/school-counselors-members/professional-development/asca-u>

Responsive Services

Mandated Reporter

Missouri's Mandated Reporter requirements state that "All mandatory reporters shall, upon finding reasonable cause, directly and immediately report suspected child abuse or neglect." (Section 162.069.3 RSMo.) (Section 210.115 RSMo.) <http://missourikidsfirst.org/>

Resource Numbers

National Suicide Prevention Lifeline

1-800-273-TALK (8255) <http://www.suicidepreventionlifeline.org/>

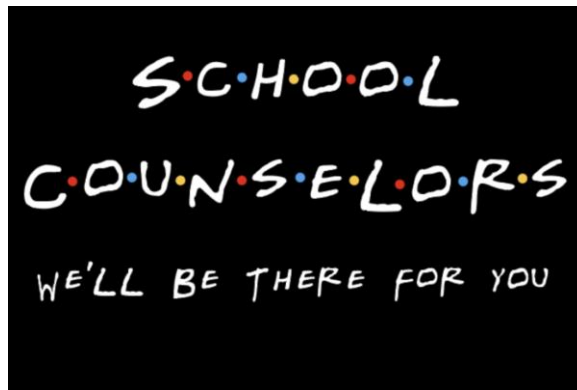
Missouri School Violence Hotline

1-866-748-7047 <https://www.schoolviolencehotline.com/>

Missouri Child Abuse or Neglect Hotline

1-800-392-3738 <http://dss.mo.gov/cd/can.htm>

Final Thoughts



It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator–Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email civilrights@dese.mo.gov.